

## Mt Mansfield Field Hockey Expectation Sheet

### Attendance

Mandatory for pre-season, practices, scrimmages and games.

Missed pre-game practice~

\*Excused (Sickness, cleared scheduled appt) - Player will not start, and possibly have playing time effected

\*Unexcused - Player will not play, two unexcused absences will result in removal from the program

**\*All athletes must attend the full school day on game day in order to play, unless cleared by the Activities Director**

### Code of Conduct

As coaches we hope to make everyone's time on the field a positive experience. We have **ZERO TOLERANCE** for disrespect of any kind. Our athletes appreciation for their teammates, their coaches, referees and their opponents will be built on respect, hard work and sportsmanlike conduct. In order to maintain this positive environment, negative or disrespectful comments or attitudes, on or off the field, during practices or games, will be addressed immediately. Violations of our standards will result in a game suspension. Continuing issues may result in dismissal from the program.

As a program we take the Mt Mansfield policies regarding drugs, alcohol, hazing, bullying and harassment very seriously. Our athletes are expected to follow all MMU standards on or off the field.

Violations of these standards may also result in removal from the program.

#### **\*\*Cell Phones\*\***

Athletes will be asked to turn off and stow all cellphones for the duration of all practices and games.

Focus is critical to progression and work ethic. Athletes who violate this standard will hand their phones over to the MMUFH coaching staff and coaches will reach out to parents/guardians before returning the phone at the end of that practice or game. Repeated offenses will result in a game suspension.

\*All rostered athlete's parents/guardians will have coaches cellphone numbers in case of emergencies.

### Playing Time

It is essential that the players recognize, understand and appreciate the relationship between hard work, improvement in skill level, attitude, and their playing time. Our goal is to give each player at the JV level "meaningful playing time" in each game, keeping in mind this is not always equal playing time. All participants on the JV level who have met the programs standards will receive a certificate of participation at the end of the season.

At the Varsity level efforts will be made to have all players involved, however, **NO ONE IS GUARANTEED PLAYING TIME**. A Varsity athlete's time on the field will be decided on the following criteria; game day skill implementation, attitude/mind set and particular game situations. All rostered Varsity players who meet the program's standards will receive a Varsity letter at the end of the season.

### Foreign Exchange Students

All interested foreign exchange students are welcome in the Mt Mansfield Field Hockey Program. They will not be subject to the selection process. Their playing ability will decide where they are rostered, and their playing time is subject to that ability. They will be expected to meet the same standards as every other rostered player.

**Return Page 2 signed and dated.....save Page 1**

My field hockey athlete and I have reviewed all of the MMU Field Hockey Expectations. We recognize and understand the standard's surrounding Attendance, Code of Conduct (Cell Phones) and Playing Time. We understand violations of these standards may result in removal from the Mt Mansfield Field Hockey Program.

Date\_\_\_\_\_

Parent/Guardian Signature\_\_\_\_\_

Player signature\_\_\_\_\_